



PERFORMANCE
AND DILIGENCE

Ladders and Stepladders



Description

It is not necessary to fall from a great height to suffer a severe or fatal injury...all it takes is improper use of a ladder or stepladder! This mainly practical course is specifically designed to enable participants to acquire the knowledge and work methods required to work safely with a ladder or stepladder. It also reviews some basic concepts from the [Fall Protection](#) course.

Target audience

Anyone who is likely to use a ladder or stepladder in the course of their duties.

Objectives

To master the principles and methods for safe use of a ladder or stepladder.

Course content

- Legal framework;
- Selection of equipment;
- The work area;
- Securing a portable ladder;
- Working on a ladder or stepladder;
- Using a stepladder;
- Inspection;
- Practical exercises.

Educational approach

Presentation and interactive activities, practical exercises with ladder and stepladder, boundary markers, etc.

Evaluation

Knowledge is assessed through an exam and observation during a practical exercise.

Duration

1.5 hours.

Duration of the course can vary according to your needs when it is given in a private company.