



PERFORMANCE  
AND DILIGENCE

# Identifying and Assessing Risks in the Workplace (IRMA)



## Description

Identification and assessment of hazards is the starting point for any proper approach to the prevention of workplace injuries and illnesses.

## Target audience

Those responsible for OHS, supervisors, OHS committee members or others involved in OHS.

## Contents

Any proper analysis must start with adequate knowledge of work-related risks and/or hazards. But how do you pinpoint the dangers associated with various work roles? This course is intended to prepare participants to take a risk assessment approach in their place of work.

Mechanical, chemical, electrical, ergonomic risks, etc., are reviewed.

The following factors are addressed:

- What is a risk?
- The type of hazard and its effects on health and safety;
- The principal applicable legislative elements;
- Some tools for identification and assessment;
- Good methods of prevention.

## Educational approach

Theoretical lectures are supplemented by various learning activities: exercises, case studies, role playing and discussions.

## **Material provided**

- Analysis grids for various risks;
- Risk analysis flowchart;
- Analysis table in Excel <sup>™</sup> format;
- IRMA guide.

## **Duration**

Four to six (4 to 6) hours.